



SPORTS NEWS

Now that winter sport is nearly over I would like to send a huge thanks to all of our winter sport coaches and managers. Without your help we could not run all of the sports teams we do, so thank you very much for all your time and effort. We will be acknowledging all of the good work by our coaches and managers at sports and cultural prizegiving but I would also like to mention our helpers in this newsletter.

Rugby Prizegiving was held at Zingari Clubrooms last Friday evening. Thanks to Mr Tyson who was our MC for the evening and to Scott Manson and Eben Joubert who were our guest speakers.

Prizes were awarded to the following players for the **U 15 Team**

- Most Valuable - **Jahvard Samson-Noble**
- Most promising - **Ryan McCutcheon**
- Most consistent - **Thomas Johnson**
- Most improved - **Bailey Turner**
- Fairplay - **Devin Redfern**



1st XV

- Most Valuable - **Jaron Fitiao**
- Most Promising - **Ioane Anderson**
- Most consistent - **Sean Cook**
- Most Improved - **Nick Gray**
- Fairplay - **Djarahl Te Moananui**

A big thanks must go to the 1st XV coach Greg Cook and managers Vicki Fitiao and Kirsten Te Moananui. Coaches of the U 15 team were Vince Johnson and Graeme Hanson. Thanks to all of you for your time and hard work!!

We would like to wish Vicki Fitiao all the very best as she steps down from the role of KVC Rugby Administrator. Vicki has held this position for the last 5 years and has done an amazing job. Her tireless work at aftermatch functions and her attention to detail in administration has made rugby here at school the best it could possibly be. We have hosted out of town teams at Zingari Clubrooms and they are always very appreciative of the hot food and drinks after a game. We will miss you Vicky! Best wishes for the future.

In Netball I would like to thank Ms Cross for all her work with the Senior A team; Jane McIntosh - Senior B Team; Mrs Debbie Buckner - Senior C Team ; Karina Nafatali who ran the Netball Academy and coached all of our Junior Netball teams through the week and assisting her as game day managers were Sheryl Walker- Junior Green Team, Rhonda Findlay - Intermediate White Team; Kerri Roberts - Intermediate Red Team; Toni Pelasio - Yr 8 Red Team; Teigan Parish and Ashlee McLeod- Yr 7 Black Team. We had some great results with 3 of our teams in finals or play offs. On Saturday our Intermediate Black team who were playing for top spot in Prem 2 section lost to St Hilda's but coming 2nd in that division was a huge achievement. Our Junior Green Team were also playing in finals for Junior 2 section and ended up 2nd which is also a great effort. Well done Girls!! We are expecting some great things from all of you next season!!!

Our Senior A Boys Basketball Team beat Logan Park As last Friday night. Players of the day were **Ryan Van Heezik** and **Thomas Johnson**. They are now in the Division 2 Finals which will be played on Friday Sept 2 at the Edgar Centre. That should be an exciting game!



Our hockey final for division 2 is still to be played on Tuesday August 30 at the Macmillan Hockey Turf. Good Luck Team!

Yr 7 and 8 Badminton has now begun. We have 3 teams of 4 students who all play on Tuesday afternoons in the Intermediate Competition.

Futsal, Softball, Cricket and Touch will be starting this term. Students should read and listen to the daily notices for information on each of these sports.

Our year 7 and 8 Sassenachs Rugby Team had their 1st game on Wednesday and we came away with a win against Macandrew Intermediate - 33 -32. It was a real nail biter right up until the last minute. Thanks to Ms Nafatali who is coaching yet again! We have combined with Fairfield and Brockville and now have a full squad of 22 players.

Mrs Johnson will advise students about the Miniball draw on Monday.

Reminder: Free Basketball coaching after school Thursdays 3-4pm for this term. Come along and upskill! Contact Mrs Johnson for more information.

Photos: Ms Nafatali with the Intermediate Black Netball team and Ms Sheryl Walker with the Green Netball team.



Theresa Johnson, Sports Coordinator
email: sport@kvc.school.nz, cell 0275 434 251

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CHAMPION!

Shem Murdoch-McKeitch competed last weekend in the South Island Wrestling Championships. He won 3 Gold medals and one Silver. A Fantastic effort - well done Shem and good luck for the Nationals later in the year.



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Dear Parents and Caregivers

Last night was the Meet the Teacher Evening for parents of Years 7, 8, 9 and 10 students. Many parents took the opportunity to have a brief meeting with their child's teachers after they received reports late last week. I just remind parents that this is not the only opportunity to meet with teachers and appointments can be arranged with individual teachers by contacting the school at times to suit. Both parents and teachers working together so that the student makes good progress is always important.

Annual Election of the Student Rep – It is time again to hold the annual election for the student representative on the Board of Trustees. The representative this year is **Katrina Melrose** who has been a most diligent and able board member. Katrina has spoken well at board meetings about the student view on several issues. Others on the board have often sought Katrina's opinion and comment. The student representative for 2012 will be elected by the end of this term and will join Katrina on the board for the last few meetings of 2011. Being a board member is a great experience for a young person and we hope that parents and friends will encourage interested students to stand for election. Katrina, I am sure, would be happy to discuss with any student what is involved. The role of the student representative on the board will be spoken about in future assemblies as well.



Winter Sports – Most winter sports have finished now and I want to thank all coaches and supporters as well as the players for their dedication and loyalty over the last few months. Again some teams in several sports have made it to the semi-finals and finals in their respective codes. I enjoyed watching the two netball teams in finals last Saturday. Although they didn't win this time it was a testament to their commitment to have reached the finals. It is also important to acknowledge the work that goes on behind the scenes to ensure that Kaikorai Valley College students can play and enjoy their sport. I thank our sports coordinator Mrs Theresa Johnson especially. She continues to do a fantastic job organising all our teams.

Kia Ora Koutou Katoa
Greetings to all
Philip Craigie
Principal



IMPORTANT DATES

AUGUST	
29	Otago Science Fair at Otago Museum
31-02 Sept	Polyfest
SEPTEMBER	
14-16	Biology 301 Field Trip
20	Math 101 Common Assessment Task
OCTOBER	
5	Sports and Cultural Prizegiving <i>(*this change of date is to be confirmed*)</i>
10-21	Term Break
24	Labour Day (no school)
26	Cycle Trip #3
NOVEMBER	
8	Senior Prizegiving (Yr 11-13)
9	Teacher Only Day (no school)
10	NCEA Exams begin
30	NCEA Exams finish
DECEMBER	
7	Junior Prizegiving (Yr 9-10)
8	Junior Prizegiving (Yr 7-8)
8	Last Day of the School Year

BOARD OF TRUSTEES BOARD MEETINGS

The next board meeting will be held on Wednesday September 14 in the Kaikorai Valley College Meeting Room. If you would like to attend the open section of this meeting to learn a little of the Board's role in school governance please call Ms Molloy on 453 6035 x 812 to arrange your visit. You are of course welcome to attend the open section of any board meeting. Meetings are held on the 2nd and 4th Wednesday of each month (except during term breaks).

Mark Rogers
Board Chairman, Kaikorai Valley College

FEES PAYMENTS - REMINDER

We would appreciate if all school fees are paid by 31 August as stated on the invoice you would have received, unless alternative arrangements have been made. Thank you.

NEWSLETTER BY EMAIL...

If you would like the newsletter emailed to you as well as receiving a hard copy please email office@kvc.school.nz or call the office on 453 6035.

FROM THE GUIDANCE COUNSELLOR..

As we go through life, we are challenged in so many ways. It is important to reflect on where we are going and how we are getting there. Sometimes what we are doing does not get us towards our goal or the future we want for ourselves or our children, sometimes how we are travelling together as a family or couple can mean that someone is missing out, that someone is struggling to 'stay on board' and may feel like they are travelling in the boot!

Reflect today on these two questions:

1. Is what I/we are doing getting us/me where I want to be?
2. Is the way we are treating each other, making the journey enjoyable or dangerous?

Take care

Richard Kerr-Bell

AN INTERVIEW WITH MY GRANDMOTHER

I dreamt I had an interview with my Grandmother. "Come in," my Grandmother said. "So, you would like to interview me?"

"If you have the time," I said.

My Grandmother smiled and said: "My time is eternity and is enough to do everything; what questions do you have in mind to ask me?"

I asked "What surprises you most about people?"

My Grandmother answered:

- "That they get bored of being children, are in a rush to grow up, and then long to be children again.
- That they lose their health to make money and then lose their money to restore their health.
- That by thinking anxiously about the future, they forget the present, such that they live neither for the present nor the future.
- That they live as if they will never die, and they die as if they had never lived..."

My Grandmother's hands took mine and we were silent for a while and then I asked..."As a parent, what are some of life's lessons you want your children to learn?"

My Grandmother replied with a smile:

- "To learn that they cannot make anyone love them. What they can do is to let themselves be loved.
- To learn that what is most valuable is not what they have in their lives, but who they have in their lives.
- To learn that it is not good to compare themselves to others. All will be seen individually on their own merits, not as a group on a comparison basis!
- To learn that a rich person is not the one who has the most, but is one who needs the least.
- To learn that it only takes a few seconds to open profound wounds in persons we love, and that it takes many years to heal them.
- To learn to forgive by practicing forgiveness.
- To learn that there are persons who love them dearly, but simply do not know how to express or show their feelings.
- To learn that money can buy everything but happiness.
- To learn that two people can look at the same thing and see it totally differently.
- To learn that a true friend is someone who knows everything about them...and likes them anyway.
- To learn that it is not always enough that they be forgiven by others, but that they have to forgive themselves."

I sat there for a while enjoying the moment. I thanked her for her time and for all that she has done for me and my family, and she replied, "Anytime. I'm here 24 hours a day. All you have to do is ask for me, and I'll answer."

People will forget what you said. People will forget what you did, but people will never forget how you made them feel.

~ Source Unknown ~



QUOTE OF THE WEEK

The nerve that never relaxes, the eye that never blanches, the thought that never wanders, the purpose that never wavers - these are the masters of victory.

9 LETTER PUZZLEGRAM

Words must be 4 letters or more and contain the letter **H**.

Your list must also have one 9-letter word. Proper names and foreign language words are not allowed. Answers will be in next week's newsletter.

23 words = good; 34 words = great; 42 words = excellent.

Last week's answers: aine, amen, amin, aune, main, mane, mani, maun, mean, mein, menu, mien, mina, mine, muni, nain, name, nema, nemn, neum, nine, quin, unai, amine, anime, ennui, inane, minae, numen, quean, quena, quina, quine, unman, manque, nannie, numina, **MANNEQUIN**

O	E	C
A	H	L
T	C	O

RECIPE OF THE WEEK

KEDGEREE

Ingredients

- ◆ 1½ cups basmati rice
- ◆ 3 cups water
- ◆ 1tbs vegetable oil
- ◆ 1tsp black mustard seed
- ◆ 1tsp cumin seed
- ◆ 3 cloves garlic minced
- ◆ 1" knob of ginger grated
- ◆ 1 medium onion minced
- ◆ 1 serrano chilli minced (leave the seeds in if you want it spicier)
- ◆ 1tbs garam masala
- ◆ 2tsp turmeric
- ◆ 3tbs ketchup
- ◆ 1/2 C chicken or vegetable stock
- ◆ 2tbs cream
- ◆ 14oz hot-smoked fish (like salmon, trout or bluefish)
- ◆ 3 soft boiled eggs peeled and chopped
- ◆ minced cilantro and pomegranate seeds for garnish
- ◆ lemon wedges for serving



Method

Put the rice in a sieve and wash with cold water. Add the water and rice into a heavy bottomed pot, cover and then bring to a boil. Turn down the heat to maintain a gentle simmer and cook until there is no water left (15-20 minutes). Turn the heat off and let the rice steam for an additional 10 minutes.

Heat a large chef's pan, until very hot. Add the oil and swirl to coat. Add the mustard seed and cumin and fry until they start making a popping noise. Add the garlic and ginger and fry until fragrant. Add the onions, chilli, garam masala and turmeric. Fry until the onions are soft and your kitchen is redolent with Indian spices.

Add the ketchup and stock and boil until the mixture is thick and gluggy. Turn down the heat, then add the cream and smoked fish, breaking up the fish as you add it. Add the cooked rice and most of the chopped egg and stir it all together. Taste and add salt if needed.

To serve, just spoon the kedgeriee onto a plate and top with the remaining chopped egg as well as the minced cilantro and pomegranate seeds. Serve with a bowl of lemon wedges.

REAPING THE BENEFITS!

9Mh Science class planted winter vegetables in Term 1 and are now harvesting the rewards, with winter broccoli and cabbage ready to eat.

From left to right top row **Savanah Hurndell, Nathan Pooley, Jack Malcolm, and Shaquille Watterston**, bottom row **Tristan Hurndell, Temira Newton, Nicole Jorgensen and Blair Kirby**.



BRATHWAITE CENTRE NEWS



This week students had the privilege of watching a naval helicopter land on the top tennis courts. They enjoyed meeting the pilots and checking out the inside of the helicopter. We all got a blast watching it take off again and then fly over us and wave by rocking from side to side.



Student of the Week: **Joel Wright** for enthusiastic participation in swimming at Moana Pool and PE in the mainstream.

Mathematics 101 The Common Assessment Task for AS 1.2 (Algebra) will take place Period 4, Tuesday 20th Sept in the hall. No calculators are allowed. This assessment is a prerequisite for Mathematics 201 next year so revision should be well underway.

SENIOR ASSESSMENTS

Wednesday 31 August – Wednesday 7 September 2011

- The senior timetable has six option lines – UVWXYZ – and you study one subject in each.
- This year assessments will run for six days and students will be working on each subject for a whole day.
- This may involve revision, practicals, field trips, studying new work, assignments, Unit Standards or practice Achievement Standards exams.
- Students Subject teacher will explain exactly what activities are involved for the day.

	Wed 31 Aug	Thurs 1 Sep	Fri 2 Sep	Mon 5 Sep	Tues 6 Sep	Wed 7 Sep
Option Line	Z	U	V	W	X	Y
My Subject						

- Students can find out their subjects to study on each option line by consulting their timetable:
- Students must attend all day, every day. (Except Year 13 Study who have study leave)
- Year 11 and 12 students will wear correct uniform

WHY SHOULD I STUDY FOR THESE EXAMS – THEY DON'T COUNT FOR ANYTHING?

- » The more times I review work the easier it is for me to remember the information or skill.
- » If I don't understand something now I have time to ask my teacher to explain it before the 'real' exam.
- » If I revise now these exams will tell me what I don't know. (If I don't revise I won't know anything, so they will be a waste of time.)
- » **If I am genuinely sick or injured during the 'real' NCEA exams and satisfy NZQA of this, the results of these exams will be the grade given to me by NZQA at the end of 2011.**
- » The results of these exams are used, together with internal assessment results, to decide on awards given at prize giving – Excellence and Merit awards as well as Dux and Proxime Accessit.
- » I like to feel that I have done myself justice.

QUIZ INVITATION

What do you know about Broadcasting Standards in New Zealand?

If you would like to take part in a short quiz about broadcasting standards in New Zealand please visit www.bsquiz.net.nz

The quiz is fun and informative. It will test your knowledge of, and also let you know more about, broadcasting standards in New Zealand.

Kind regards - The BSA quiz team

THE DEFENCE FORCE HELICOPTER LANDS AT KAIKORAI VALLEY COLLEGE!



CURIOS NOTIONS

1. The longest one-syllable word in the English language is "screched." (I could imagine!)
2. A hedgehog's heart beats 300 times a minute on average.
3. Every person has a unique tongue print.
4. A male emperor moth can smell a female emperor moth up to 7 miles away.
5. All porcupines float in water.
6. In the great fire of London in 1666 fire was burnt down but only 6 people were injured.
7. It's against the law to catch fish with your bare hands in Kansas.
8. An iguana can stay under water for 28 minutes.
9. Windmills always turn counter-clockwise - except for the windmills in Ireland..
10. Armadillos are the only animal besides humans that can get leprosy.